

Why Choose Path to Recovery?

Compassionate and Experienced Staff

Our team is committed to providing compassionate care in a safe and supportive environment.

Flexible Scheduling

Attend treatment sessions during the day or evening to accommodate your schedule and responsibilities.

Confidentiality and Privacy

our privacy is paramount to us, and we uphold strict confidentiality standards to protect your information.

TAKE THE FIRST STEP TOWARDS RECOVERY TODAY!

Contact us to learn more about our Intensive Outpatient Program and how we can support you on your journey to lasting recovery.



📍 1240 3rd Ave East Suite 107,
Shakopee MN 55379

📞 952-6007924

✉️ Info@pathtorecoverymn.com

🌐 Pathtorecoverymn.com

Reclaim Your Life.
Find Your Path to Recovery.

Path to Recovery

Intensive Outpatient Program

Healing and Hope for a Brighter
Future





Welcome to Path to Recovery!

At Path to Recovery, we are dedicated to providing comprehensive and effective treatment options to help you overcome addiction and build a brighter future. Our Intensive Outpatient Program (IOP) combines evidence-based therapies such as Moral Reconciliation Therapy (MRT) and Cognitive Behavioral Therapy (CBT) with a focus on individuals involved with the criminal justice system.

Our Program Features

Individualized Treatment Plans

Our experienced team of addiction specialists will create a personalized treatment plan that integrates MRT and CBT techniques tailored to your specific needs.

Moral Reconciliation Therapy (MRT)

MRT is a systematic treatment approach that helps individuals address their patterns of thinking and behavior, promoting moral growth and positive decision-making.



Cognitive Behavioral Therapy (CBT)

CBT is a proven therapy that helps individuals identify and change negative thought patterns and behaviors, developing healthier coping strategies for long-term recovery.

Criminal Justice Focus

Our program is designed to meet the unique needs of individuals involved with the criminal justice system, offering specialized support and resources to help you navigate the challenges of recovery.

ADDITIONAL PROGRAM COMPONENTS

Group Therapy

Engage in supportive group therapy sessions to connect with peers and build a strong support network.

Family Support

Involve your loved ones in the recovery process through family therapy sessions to strengthen relationships and foster a supportive environment.

Holistic Therapies

Explore holistic approaches such as yoga, mindfulness, and art therapy to enhance your overall well-being and recovery journey.

Relapse Prevention

Acquire essential skills and strategies to maintain sobriety and prevent relapse, empowering you for long-term success.

